

# MASO 2019

## Scientific Conference on Obesity

*“Obesity: Addressing Multiple Drivers and Solutions”*

15<sup>th</sup> – 16<sup>th</sup> October 2019

Hotel Istana, Kuala Lumpur, Malaysia

### *First Announcement and Call for Abstracts*

#### *Message from The President*

On behalf of the Malaysian Association for the Study of Obesity (MASO), I am very pleased to invite you to participate in our “Silver Jubilee” Biennial Scientific Conference (MASO 2019) to be held from **15<sup>th</sup> to 16<sup>th</sup> October 2019** at Hotel Istana, Kuala Lumpur.

In the context of escalating obesity prevalence and the obesogenic environment in which we live, work and play, the theme of this year conference “**Obesity: Addressing Multiple Drivers and Solutions**” hope to highlight our continuing efforts to combat obesity and expose gaps that undermines our way forward. This Conference will provide a platform for various expertise from the academia, research establishments and food and health-related industries and policy makers to showcase the multi-disciplinary nature in Obesity research.

I welcome you to Kuala Lumpur and look forward to your active participation and contribution. Thank you.

Best regards,

**Emeritus Professor Dr. Mohd Ismail Noor FASc, FIUNS, FNSM**  
President MASO (2017-2019)

#### *Objectives of MASO 2019*

- Provide a forum for the dissemination of knowledge about research advances in the field of obesity.
- Identify, debate and address multiple drivers and solutions to curb the rising prevalence of obesity and its associated burden of diseases.
- Connect and harness active multi-disciplinary researchers and practitioners toward collaborating in future obesity research.

#### *Call for Abstract*

Scientific papers can be submitted for oral or poster presentation at the conference. For guidelines on abstract preparation, please visit official MASO website at [www.maso.org.my](http://www.maso.org.my) for more details.

Accepted abstracts will be notified by the Secretariat within two weeks after abstracts submission deadline. There will be an oral and poster competition for students during the conference.

The official language for the conference is English.

**All presenters must be registered participants.**

*Organized by*

*In collaboration with*



#### IMPORTANT DATES

Abstracts Submission Deadline : **3<sup>rd</sup> August 2019**  
Early Bird Rate by : **1<sup>st</sup> September 2019**

### Who Should Attend?

- Health care providers, including medical and health professionals, nutritionists, dietitians, social scientists, psychologists, exercise scientists, nurses
- Academia and students working in the field of obesity and its related co-morbidities
- Pharmaceuticals and food industries, fitness and weight management centres and policy makers

### How to Register?

This conference will fully utilize **ONLINE REGISTRATION**. Please register online at <http://www.maso.org.my/cgi-bin/RegisterMASO.cgi> or go to the MASO website at [www.maso.org.my](http://www.maso.org.my) and click on the link to the Online Registration Form.

Please print out the registration form once you have completed it and submitted online.

Please email your completed registration form, along with proof of registration fees to the MASO 2019 Secretariat; attention to Assoc. Prof. Dr. Hazizi Abu Saad or Dr. Chin Yit Siew at [maso.obesity@gmail.com](mailto:maso.obesity@gmail.com).

### Scope & Topics

This conference will include Plenary Lectures, Symposia, Free Communication and Poster sessions. Topics include:

- Adiposity and body composition
- Bariatric surgery
- Childhood and adolescent obesity
- Dietary modification and innovation
- Environmental determinants of obesity
- Epidemiology and lifestyle
- Genetics, epigenetics and obesity
- Nutrition and food environment
- Obesity and reproductive health
- Pharmacological approach in obesity
- Physical activity and sedentariness
- Policies in action and challenges
- Psychological determinants and outcomes
- Role of gut microbiota and probiotics in obesity
- Socio-cultural aspects of overweight and obesity
- Weight management and intervention



### Registration Fees

Participant category	Early Bird Rate (until 1 <sup>st</sup> September 2019)	Regular Rate (until 1 <sup>st</sup> October 2019)	On-site
MASO Member	RM 500	RM 600	RM 800
Non-member	RM 700	RM 900	RM 1100
Student**	RM 350	RM 450	RM 650
International	USD 200	USD 250	USD 350

\*\* Students must show proof of student status (e.g. student ID card or letter from university)

Registration fee includes the following: attendance at all conference sessions, conference materials, two lunches and four coffee breaks. All registrations must be submitted together with payment. Registration fee is charged based on date of payment and not date of registration.

Any cancellation must be confirmed in writing to the Secretariat. Refund of fees less 50% administration charges may be applied for until **1<sup>st</sup> October 2019**. It is regretted that after this date no refunds can be made.

All payments are to be issued in favor of:

#### **MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY (MASO)**

Account number : 0140-8433-1516  
Swift Code : MBBEMYKL  
Bank Name & Branch : Maybank (Bukit Bintang Branch)  
Important Note : Scanned copy of TT slip MUST be emailed to [maso.obesity@gmail.com](mailto:maso.obesity@gmail.com)

### For More Information

Details of the Conference will be updated from time to time through the official website of MASO ([www.maso.org.my](http://www.maso.org.my)).  
For enquiries, please contact us via email at: [maso.obesity@gmail.com](mailto:maso.obesity@gmail.com)