

Official Opening

DAY 1 WEDNESDAY 28 OCTOBER, 2015

0800 hrs Registration

0900 hrs **PLENARY LECTURE I:**
From nutritional transition to a socio-anthropological understanding of the obesogenic environment

Prof Dr. J. P. Poulain
*Taylor's University / University Toulouse 2 Jean Jaures,
Toulouse, France*

Chairperson: Ms Rokiah Don
Director, Nutrition Division, Ministry of Health

0945 hrs **OFFICIAL OPENING**

0950 hrs **Welcome Address by**
Emeritus Prof. Dr. Mohd Ismail Noor
President
Malaysian Association for the Study of Obesity (MASO)

1000 hrs **Speech and Official Opening by**
Y.B. Datuk Seri Dr. S. Subramaniam
Minister of Health
Ministry of Health Malaysia

1030 hrs **Tour of Trade Exhibition/Scientific Posters by Invited Guests**

Refreshments

Poster session: *Presenters in attendance for discussion*

Scientific Programme

DAY 1 **WEDNESDAY 28 OCTOBER, 2015**

**SYMPOSIUM 1: Socio-cultural and Environment
Aspects of Obesity**

Chairperson : Prof. Dr. Norimah Abdul Karim
Universiti Kebangsaan Malaysia

- 1100 hrs **Key socio-cultural drivers of obesity**
Assoc. Prof. Dr. Jane Dixon
The Australian National University, Canberra, Australia
- 1130 hrs **Socioeconomic inequalities in overweight/obesity and
abdominal obesity among Malaysian adults: The
National Health Morbidity Survey (NHMS) II, III and IV**
Ms. Jeevitha Mariapun
Julius Centre University of Malaya, Kuala Lumpur
- 1150 hrs **Association between whole-school environment
mapping and body mass index of school children in
Terengganu**
Dr. Sharifah Wajihah Wafa binti Syed Saadun Tarek Wafa
Universiti Sultan Zainal Abidin, Kuala Terengganu
- 1210 hrs **Drinking habits and issue of obesity: A socio-
anthropological perspective**
Dr. Elise Mognard
*Taylor's University/University Toulouse 2 Jean Jaures,
Toulouse, France*
- 1230 hrs **Lunch**
- 1330 hrs **Poster Viewing / Trade Exhibition**
Poster presenters in attendance for discussion

SYMPOSIUM 2 : Obesity Intervention I

Chairperson : Dr. Tahir bin Aris
*Director, Institute of Public Health,
Ministry of Health*

Theme: My Body Fit and Fabulous (MyBFF)
MyBFF is an intervention programme on obesity in different settings.

- 1400 hrs **MyBFF @Home: Obesity intervention among housewives living in low cost flats in Klang Valley**
Ms. Rashidah Ambak
Institute of Public Health, Kuala Lumpur
- 1430 hrs **MyBFF@School: Preliminary findings of a school-based obesity intervention program**
Assoc. Prof. Dr. Halim Mokhtar
University of Malaya, Kuala Lumpur
- 1500 hrs **MyBFF @Work: Workplace intervention study to combat obesity among civil servants in Kota Bharu, Kelantan**
Prof. Dr. Wan Abdul Manan Wan Muda
Universiti Sains Malaysia, Kota Bharu, Kelantan

SYMPOSIUM 3 : Obesity Intervention II

Chairperson : Dr. Zawiah Hashim
Council Member, MASO

- 1530 hrs **Calorie-labelling as an anti-obesity measure**
Dr. Charoula Konstantia Nikolaou
Nanyang University and Imperial College, Singapore
- 1600 hrs **Healthy Lifestyle Programme for primary prevention of obesity among Malaysian adolescents living in day-school hostel**
Dr. Chin Yit Siew
Universiti Putra Malaysia, Serdang, Selangor
- 1620 hrs **Workplace, weight and wellness: Effectiveness of MASO Camp obesity intervention in Kuching, Sarawak**
Mr. Mohd Shah Kamarudin
Department of Health Sarawak, Kuching, Sarawak

MASO 2015 Scientific Conference on Obesity
28 – 29 October 2015, Kuala Lumpur

1640 hrs **Process evaluation of the H.E.B.A.T! Program: a
randomized control trial intervention to combat
childhood obesity in Negeri Sembilan**
Ms. Siti Sabariah Buhari
Universiti Teknologi MARA, Puncak Alam, Selangor

1700 hrs **Refreshments / Trade exhibition**

DAY 2 THURSDAY 29 OCTOBER, 2015

0845 hrs

**PLENARY LECTURE II:
Tackling severe and medically complicated obesity**

Prof. Dr. Mike Lean
University of Glasgow / Glasgow Royal Infirmary, United Kingdom

Chairperson: Emeritus Prof. Dr. Mohd Ismail Noor
Taylor's University, Malaysia

SYMPOSIUM 4: Prevention and Management of Obesity

Chairperson : Assoc. Prof. Dr. Nik Shanita Safii
Universiti Kebangsaan Malaysia

0930 hrs

Early pregnancy status and the risk of developing overweight and obesity among young males and females

Assoc. Prof. Dr. Abdullah Al Mamun
University of Queensland, Brisbane, Australia

1000 hrs

Sexually dimorphic responses of infant growth to maternal antioxidant levels during pregnancy

Dr. Loy See Ling
KK Women's and Children's Hospital, Singapore

1020 hrs

Management of daily activities with the support to modern communication tool, a new way of preventive medication practice

Mr. Masashi Okura
Tanita Corporation, Tokyo, Japan

1040hrs

Emerging therapies in obesity

Assoc. Prof. Dr. Rohana Abdul Ghani
Universiti Teknologi MARA, Selangor

1100hrs

Refreshments / Poster Viewing / Trade exhibition

Poster presenters in attendance for discussion

SYMPOSIUM 5: Genes, Obesity and Metabolic Syndrome

Chairperson : Prof. Dr. Poh Bee Koon
Universiti Kebangsaan Malaysia

- 1130hrs **Metabolic syndrome in Orang Asli population – a rising health concern**
Prof. Dr. Zalilah Mohd Shariff
Universiti Putra Malaysia, Serdang, Selangor
- 1150 hrs **Gene polymorphisms and gene-lifestyle interaction on childhood obesity among Malay children in Klang Valley**
Dr. Chong Pei Nee
UCSI University, Cheras, Kuala Lumpur
- 1210 hrs **Serum HMW adiponectin in lean and overweight/ obese adults and its association with metabolic syndrome components**
Ms. Norliyana Aris
Universiti Sains Malaysia, Kota Bharu, Kelantan
- 1230 hrs **Gene polymorphisms, environmental factors and hormones levels related to obesity in Malay children**

Dr. Christinal Teh Pey Wen
SEGI University, Kota Damansara, Selangor
- 1250 hrs **Lunch**
- 1330 hrs **Poster Viewing / Trade Exhibition**

Poster presenters in attendance for discussion

SYMPOSIUM 6 : Food, Behaviour and Obesity

Chairperson : Dr. Wan Azdie Mohd Abu Bakar
*International Islamic University
Malaysia*

- 1415 hrs **The use of healthier food ingredients for healthier processed foods to combat obesity**
Dr. Neoh Soon Bin
Soon Soon Group, Prai, Pulau Pinang
- 1435 hrs **Effect of common vegetables extracts on lipid and glucose in 3T3-L1 adipocytes**
Assoc. Prof. Dr. Muhammad Muzaffar Ali Khan Khattak
International Islamic University Malaysia, Kuantan, Pahang
- 1455 hrs **Fast food intake among adults in Malaysia: Finding from Malaysian Adult Nutrition Survey (MANS 2014)**
Mr. Mohamad Hasnan Ahmad
Institute of Public Health, Kuala Lumpur
- 1515 hrs **'I was previously obese; and I think I am still obese' The influence of overweight and obesity history on the current body image among adolescents**
Dr. Wong Jyh Eiin
Universiti Kebangsaan Malaysia, Kuala Lumpur

SYMPOSIUM 7: Free Communications

Chairperson : Ms. Zaiton Daud
Nutrition Division, Ministry of Health

- 1530 hrs **Correlation between brain size and obesity among 6-16 years age school children in Kuala Terengganu, Malaysia**
Prof. Dr. Swamy KB
MAHSA University, Kuala Lumpur
- 1550 hrs **Level of stress between obese and non-obese population in Malaysia**
Dr. Vincent Parnabas
Universiti Teknologi MARA, Selangor

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1410 hrs **Overweight and obesity among military personnel and
its implication on sickness absenteeism**
Mr. Azizan Omar
University Malaya, Kuala Lumpur

1430 hrs **Sex-stratified analysis of the association between
obesity and cognitive function in adolescents**
Mr. Chong Kar Hau
Universiti Kebangsaan Malaysia, Kuala Lumpur

Prize Giving and Closing

1650 hrs **Best Poster Prize**

1700 hrs **Refreshments**

Conference Ends