

Scientific Programme

DAY 1 MONDAY 20 NOVEMBER 2017

0800 hrs Registration

0900 hrs **OFFICIAL OPENING**

0905 hrs **Welcome Address by**
Emeritus Prof. Dr. Mohd Ismail Noor
President
*Malaysian Association for the Study of Obesity
(MASO) and Taylor's University*

0915 hrs **Speech and Official Opening by**
YBhg. Datuk Dr Noor Hisham bin Abdullah
Director General of Health
Ministry of Health Malaysia

0930 hrs **PLENARY LECTURE 1**
**Adipose Tissue Expansion Hyperplasia &
Hypertrophy Related Events**

Prof. Dr. Max Lafontan
*International Associated Laboratories (LIA), Centre
National de la Recherche Scientifique (CNRS),
France*

1030 hrs **Tour of Trade Exhibition/ Scientific Posters by
Invited Guests**

Refreshments

Poster session: *Presenters in attendance for
discussion*

SYMPOSIUM 1
ADDRESSING DETERMINANTS OF OBESITY

- 1100 hrs **S1.1 Overweight and Obesity in Malaysia: Findings from Malaysian National Health Survey 1996 to 2015**
Dr. Tahir bin Aris
Institute of Public Health, Ministry of Health Malaysia
- 1120 hrs **S1.2 Mapping the Extent of Implementation of Food Environment Policies in Malaysia: A View from the Ground**
Prof. Dr. Tilakavati Karupaiah
Taylor's University
- 1140 hrs **S1.3 Perception to Ingestion: How Sensory Properties Influence Calorie Selection, Eating Behaviours and Energy Intake**
Dr. Ciaran Gerard Forde
*Agency for Science, Technology and Research (A*STAR), Singapore*
- 1200 hrs **S1.4 Sociocultural: Sociology of Obesity**
Prof. Dr. Jean-Pierre Poulain
Taylor's University / University Toulouse 2 Jean Jaures, France
- 1220 hrs **S1.5 Genetics of Obesity in Malaysian Population: Current Scenario and Future Predictions Towards Developing Anti-Obesity Strategy**
Assoc. Prof. Dr. Atif Amin Baig
Universiti Sultan Zainal Abidin, Kuala Terengganu
- 1240 hrs **Lunch**
1330 hrs **Poster Viewing / Trade Exhibition**
Poster presenters in attendance for discussion

SYMPOSIUM 2

ACTION PLANS FOR OBESITY PREVENTION

- 1400 hrs **S2.1 Ministry of Health Malaysia's Strategies in Obesity Prevention**
Dr. Feisul Mustapha
Ministry of Health Malaysia
- 1420 hrs **S2.2 Industries Role in Sustaining Food Systems to Promote Healthy Diet**
Raja Zalina Raja Safran
Federation of Malaysian Manufacturers
- 1440 hrs **S2.3 Combating Non-Communicable Diseases: KOSPEN @ Putrajaya**
Dr. Husnina Ibrahim
Ministry of Health Malaysia
- 1500 hrs **S2.4 Anti-Obesogenic Environment: Sports and Recreational Initiatives**
Mr. Khalilurrahman Kamaruz-zaman
Putrajaya Corporation
- 1520 hrs **S2.5 Weight Management from the Psychological Perspective**
Asst. Prof. Dr. Syarifah Azizah Wan Ahmadul Badwi
International Islamic University Malaysia, Kuala Lumpur

YOUNG RESEARCHER SYMPOSIUM

- 1540 hrs **YRS.O.1 Relationship Between Energy-Dense, High Fat and Low Fibre Dietary Pattern and Obesity in Adolescents Aged 13 Years from Three Southern States in Peninsular Malaysia**
Ms. Aishah Emi
Universiti Putra Malaysia
- 1550 hrs **YRS.O.2 The Great- Child Trial™: Whole Grain**

**with Healthy Balanced Diet Intervention to
Manage Childhood Obesity: A 16 Month Follow
Up Sustainability Study**

Mr. Wilfred Mok

Universiti Kebangsaan Malaysia

- 1600 hrs **YRS.O.3 Impact of 6-Month Multimedia Based
Intervention on Body Composition, Nutrition
Knowledge, Attitude and Practices of
Overweight and Obese School Children in Kota
Bharu, Kelantan**
Ms. Wan Putri Elena Wan Dali
Universiti Sains Malaysia
- 1610 hrs **YRS.O.4 Energy Density, Carbohydrates and
Dietary Fiber Influences HMW Adiponectin and
Leptin Among Breast Cancer Survivors**
Ms. Nor Syamimi Zakarai
Universiti Sultan Zainal Abidin
- 1620 hrs **YRS.O.5 Clustering of Fast Food Outlets
Around Schools: The Spatial Statistics to the
Study of School Food Environment**
Ms. Suhaila Abd Ghaffar
Universiti Kebangsaan Malaysia
- 1630 hrs **YRS.O.6 Risk Factors and Consequences of
Overweight and Obesity Among Orang Asli
Women in Perak, Malaysia**
Ms. Law LS
Universiti Putra Malaysia
- 1640 hrs **Refreshments / Trade exhibition**

DAY 2

TUESDAY 21 NOVEMBER 2017

0900 hrs

PLENARY LECTURE 2
Current and Future Research Direction on Obesity: an Asian Perspective

Prof. Dr. Christiani Jeyakumar Henry
*Agency for Science, Technology and Research (A*STAR), Singapore*

1000 hrs

Refreshments / Poster Viewing / Trade exhibition

Poster presenters in attendance for discussion

SYMPOSIUM 3
INTEGRATED HEALTH AND TREATMENT OF OBESITY

1030 hrs

S3.1 Past, Current and Future of Bariatric Surgery in Malaysia

Prof. Dr. Chin Kin Fah
Taylor's University

1050 hrs

S3.2 Gut Microbiota and Obesity

Assoc. Prof. Dr. Kalavathy Ramasamy
Universiti Teknologi MARA

1110 hrs

S3.3 Relating Eating Out and Obesity: Social Environment vs. Physical Setting

Dr. Elise Mognard
Taylor's University

1130 hrs

S3.4 Dietary Intake, Physical Activity Level, Body Composition and Lipid Changes in Adolescents: Analysis from Cohort Study

Assoc. Prof. Dr. Hazreen Majid
Universiti Malaya

1150 hrs

S3.5 The Effectiveness of the 10 on 10 Program

**on Physical Fitness and Cardiovascular Risk
Factors in Obese Individuals**

Mr. Azemir Mustafa
Ministry of Health Malaysia

1210 hrs **S3.6 The Association of Neighborhood
Walkability with Physical Activity, Body Mass
Index and Waist Circumference among Adults
in Penang**

Dr. Lee Yi Yi
Universiti Tunku Abdul Rahman

1230 hrs **Lunch**

1330 hrs **Poster Viewing / Trade Exhibition**

Poster presenters in attendance for discussion

**SYMPOSIUM 4
INNOVATION FOR HEALTHY FUTURE**

1400 hrs **S4.1 Apps on Diet Management and Physical
Activity**

Prof Dr Shamala Subramaniam
Universiti Putra Malaysia

1420 hrs **S4.2 Parenting vs Pestering: The Children's
Story Book to Minimize Unhealthy and Increase
Healthy Foods During Supermarket Shopping**

Ms. Sameeha Mohd Jamil
Universiti Kebangsaan Malaysia

1440 hrs **S4.3 Strategies for Developing Satiety
Enhancing and Satiety Enhancing Foods and
Beverages Model**

Dr Chong Li Choo
Taylor's University

1500 hrs **S4.4 Development of Healthy Cook Books to
Prevent Obesity Among Adults**

Prof. Dr. Ruzita Abd Talib
Universiti Kebangsaan Malaysia

1520 hrs **S4.5 Geospatial Relationship Between Food Outlets and Facilities for Physical Activity in Obesogenic Environment and Obesity Profiles Among Malaysia Adolescents**
Dr. Nadrah Arfizah Ariffin
Universiti Malaya

**SYMPOSIUM 5
FREE COMMUNICATION**

1540 hrs **S5.1 Associations of Weight Changes and Adiposity with Risk of Postmenopausal Breast Cancer in the UK Women's Cohort Study**
Assoc. Prof. Dr. Moy Foong Ming
Universiti Malaya

1550 hrs **S5.2 Nutritional Status and Total Body Fat Had Strong Association with Hypertension in Indonesian Adults**
Dr. Emy Huriati
Universitas Gadjah Mada, Indonesia

1600 hrs **S5.3 Addiction to Sugar and its Link to Health Morbidity: A Primer for Newer Primary Care and Public Health Initiatives in Malaysia**
Dr. Yogarabindranath Swarna Nantha
Klinik Kesihatan Seremban, Ministry of Health Malaysia

1610 hrs **S5.4 Intensity of Physical Activity During Physical Education Classes in Urban Secondary Schools**
Dr. Denise Koh
Universiti Kebangsaan Malaysia

1620 hrs **S5.5 Dwell on Training Interventions and Methods to Assess Motor Development of Obese Children**
Mr. Zaharul Azwan Abdul Razak

Universiti Teknologi MARA

- 1630 hrs **S5.6 Is Pre-Pregnancy BMI a Good Indicator to Monitor Gestational Weight Gain among Pregnant Women**
Dr. Satvinder Kaur
UCSI University
- 1640 hrs **S5.7 Bariatric Rehabilitation: Challenges in Tertiary and District Hospital**
Dr. Shivani Rajasegaran
Ministry of Health Malaysia
- 1650 hrs **S5.8 Overweight and Obesity Are Associated with Physical Fitness Among Military Personnel**
Mr. Azizan Omar
Universiti Malaya
- 1700 hrs **YRS WINNERS AND CLOSING**
- 1715 hrs **Refreshments**
- 1745 hrs Conference Ends