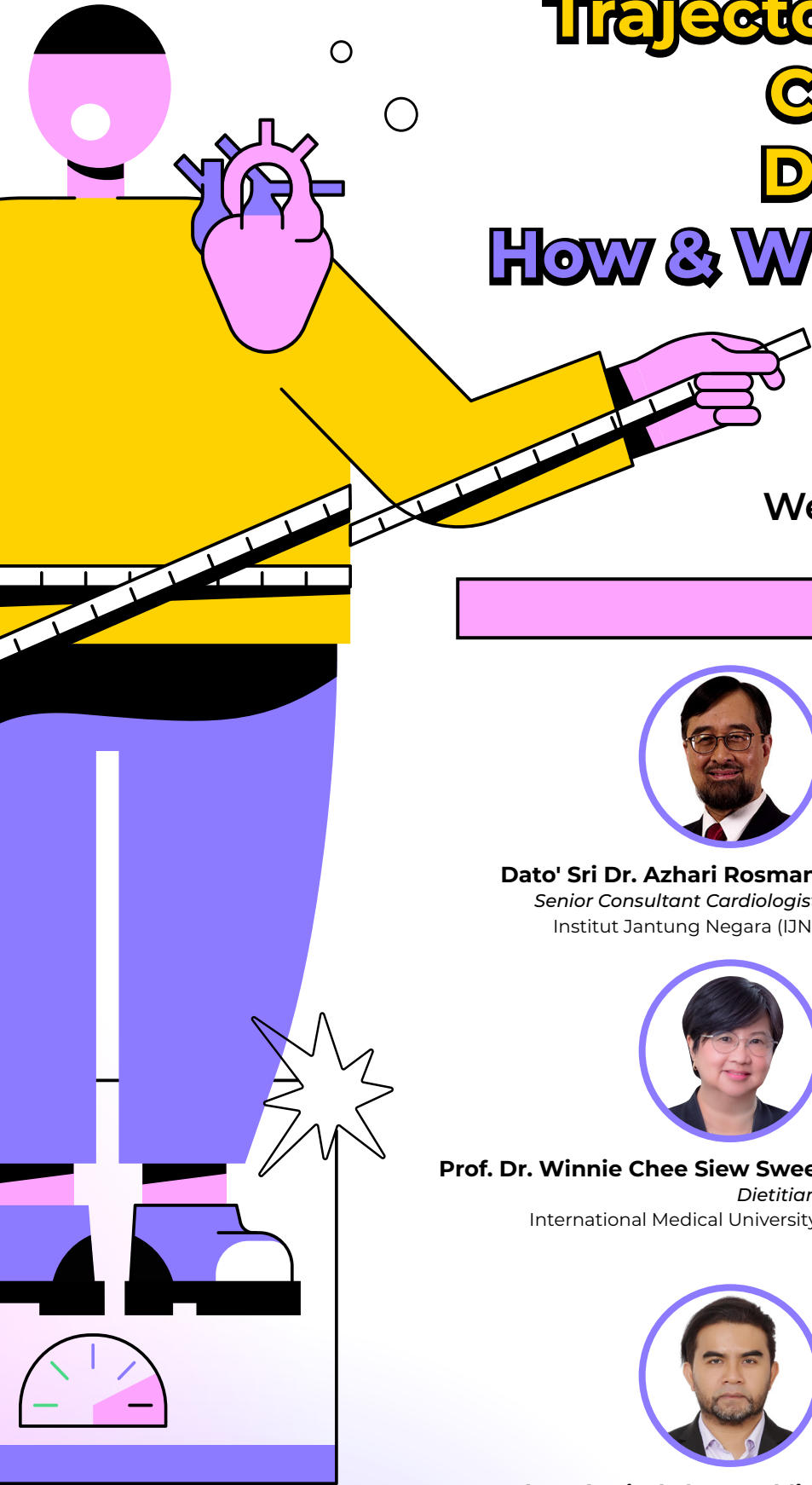


# Reversing The Obesity Trajectory To Reduce Cardiovascular Disease Risks – How & Why Do I Do It?



3 Dec 2023 (Sunday)  
0920 – 1300

Webinar at Zoom Meeting

## SPEAKERS



**Dato' Sri Dr. Azhari Rosman**  
*Senior Consultant Cardiologist*  
Institut Jantung Negara (IJN)



**Prof. Dr. Rohana Abdul Ghani**  
*Senior Consultant Endocrinologist*  
Universiti Teknologi MARA (UTM)



**Prof. Dr. Winnie Chee Siew Swee**  
*Dietitian*  
International Medical University



**Dr. Thum Chan Ho**  
*Cardiologist*  
Institut Jantung Negara (IJN)



**Dr. Ahmad Faizal Shamsuddin**  
*Psychiatrist and Fellow in  
Consultation-Liaison Psychiatry*  
Hospital Sultan Idris Shah



**Dr. Iskandar Mirza Amran**  
*Clinical Fellow*  
Institut Jantung Negara (IJN)

Moderator

# AGENDA

TIME	DESCRIPTION	SPEAKER
0920 - 0930	Welcome Speech	Dr. Thum Chan Ho
0930 - 1000	<b>2023 Clinical Practice Guideline: Management Of Obesity - What You Need To Know</b>	Prof. Dr. Rohana Abdul Ghani
1000 - 1010	Q&A Session	
1010 - 1015	<b>A Multidisciplinary Approach To Obesity Management:</b> <i>Panel Discussion:</i> <i>Dr. Iskandar Mirza Amran</i> <i>(Moderator)</i>	
1015 - 1030	<b>IJN Case Presentation</b>	Dr. Thum Chan Ho
1030 - 1055	<b>Psychological Assessment &amp; Behavioural Therapy</b>	Dr. Ahmad Faizal Shamsuddin
1055 - 1120	<b>Medical Nutrition Therapy</b>	Prof. Dr. Winnie Chee Siew Swee
1120 - 1140	Q&A Session	
1140 - 1200	Break	
1200 - 1230	<b>Connecting The Dots: Obesity &amp; Cardiovascular Disease Risks</b>	Dato' Sri Dr. Azhari Rosman
1230 - 1250	Q&A Session	
1250 - 1300	Closing Remark	Dato' Sri Dr. Azhari Rosman

MMA CPD points will be awarded to doctors. | IC number is required during registration.

\*Strictly for healthcare professionals only.



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